

# CRICKET SHROPSHIRE

## Extreme Heat Guidance Policy



Version 1.0

Approved: June 2026

Review Date: June 2027

### 1. Introduction

- Cricket Shropshire is committed to providing a safe environment for all participants, volunteers, officials and spectators during periods of extreme heat.

### 2. Scope

- Applies to club cricket, junior cricket, training sessions, festivals, county activity, women and girls cricket and disability cricket.

### 3. Duty of Care

- Participant welfare must always take priority over the continuation of activity.

### 4. Risk Assessment

- Consider temperature, feels-like temperature, UV index, Heat Health Alerts, availability of shade, access to water and local ground conditions.

### 5. Higher Risk Groups

- Children and young people.
- Older adults.
- People with medical conditions.
- Ground staff and volunteers.

The **England and Wales Cricket Board (ECB)** provides strict welfare procedures for both recreational and competitive formats across England and Wales, including within Shropshire.

Weather Condition	Requirement	Action Required	Additional Information
<b>RED Weather Warning issued within 24 hours of the match</b>	<b>Play must not take place.</b>	The match must be cancelled.	This is a health and safety requirement and does not require agreement between teams.

Weather Condition	Requirement	Action Required	Additional Information
Forecast maximum temperature of 33°C or above	Play must not take place.	The match must be cancelled prior to the start of play.	The Met Office forecast should be used as the official temperature source.
Forecast temperature between 28°C and 32°C	Modified playing conditions apply.	Matches may proceed but are limited to a maximum of 40 overs.	Drinks breaks must be taken every 10 overs. Additional breaks may be taken if required.
Teams wish to reduce overs further	Permitted by agreement.	Both teams may agree to reduce the match below 40 overs.	This should be agreed before the start of play where possible.
Temperature rises to 33°C during play	Play must be suspended.	Players and officials should leave the field until temperatures reduce.	If play cannot resume, rain interruption rules or DLS should apply where appropriate.
Thunder follows lightning by 30 seconds or less	Play must stop immediately.	All players, officials and spectators should move to a place of safety.	The ECB 30/30 rule applies.
After the final lightning strike	Play cannot restart immediately.	Activity must not resume until 30 minutes after the last lightning flash.	This waiting period restarts if further lightning occurs.
Dangerous ground, weather, light or exceptional circumstances	Umpires make the final decision.	Umpires may suspend, delay or abandon play.	The welfare and safety of participants must always take priority.

## 6. Training Sessions

- Consider shortening, postponing or cancelling sessions.
- Increase drinks breaks and provide additional shade.

## 7. Matches

- Check forecasts before play.
- Consider earlier or later start times.
- Allow additional drinks and cooling breaks.

## 8. Hydration and Cooling

- Provide access to drinking water.
- Identify shaded areas.
- Provide cooling aids where possible.

## 9. Sun Protection

- Encourage hats, sunscreen and suitable clothing.

## 10. Signs of Heat Illness

- Dizziness, headache, nausea, weakness, cramps, excessive sweating, thirst and raised temperature.

## 11. Suspension of Activity

- Activity should be modified, postponed or suspended where conditions are unsafe.

## 12. Useful Resources

- ECB Extreme Heat Guidance.
- Shropshire Council Stay Safe and Well This Summer.
- NHS Heat Exhaustion and Heatstroke Advice.
- UK Health Security Agency Heat Health Alerts.
- Health and Safety Executive Guidance.

### Useful Links

[Shropshire Council - Stay Safe and Well This Summer](#)

[ECB Extreme Heat Guidance](#)

[NHS Heat Exhaustion and Heatstroke Advice](#)

[UK Health Security Agency Heat Health Alerts](#)

[Health and Safety Executive - Working in Heat](#)